



अखिल भारतीय आयुर्वेद संस्थान

ALL INDIA INSTITUTE OF AYURVEDA (AIIA)

(आयुष मंत्रालय, भारत सरकार के अंतर्गत स्वायत्त संस्थान)

(An Autonomous Organization under the Ministry of AYUSH, Govt. of India)

File no. 222

Date: 13/9/25

National Level Essay Competition on the occasion of 10th Ayurveda Day

On the auspicious occasion of the **10th Ayurveda Day**, All India Institute of Ayurveda (AIIA), New Delhi, is delighted to organize a **National Level Essay Competition** on the theme:

Topic (English) - "Translating Ayurveda Principles into Strategies: Health, Environment, and Sustainability"

Topic (Hindi) - स्वास्थ्य, पर्यावरण और सततता में आयुर्वेदिक सिद्धांतों का अनुप्रयोग

This initiative is aimed at encouraging young scholars to reflect on Ayurveda's timeless wisdom and its relevance for present-day health, environment, and sustainable living. We warmly invite students from your esteemed institution to participate in this national-level academic event.

Competition Details

- **Eligibility:** UG/PG/Ph.D. Scholars of Ayurveda Colleges
- **Languages:** Hindi / English / Sanskrit
- **Word Limit:** Up to 3000 words
- **Format:** Times New Roman (English) / Kruti Dev or Mangal (Hindi), Font size 12, Line spacing 1.5
- **Submission Deadline:** 20th September 2025 (Saturday)
- **Mode of Submission:** Google Form link - <https://forms.gle/SHFc6o79UFJ3yATB8>
- **Result Declaration:** 22nd September 2025

Guidelines for Participants

1. The essay must be an **original work** of the participant. Plagiarism or AI-generated content will lead to disqualification.
2. **Identity details** (name, college, contact information) must not be mentioned in the essay body. These should be provided only on a **separate cover page**.

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3. Each submission must be accompanied by either:

- * a certificate signed by the Principal, or
- * an attested copy of the college ID card by the concerned HOD.

4. Evaluation will be based on:

- * Relevance to the given theme
- * Originality and depth of thought
- * Logical organization and clarity
- * Creativity in linking classical knowledge with modern perspectives

5. Any non-compliance with the prescribed rules will result in rejection.

Awards & Recognition

- **First Three Winners** – Certificate of Merit + Exciting Prizes
- **All participants** – e-Certificate of Participation

The winners will be duly felicitated by the Institute.

We request you to kindly circulate this information among your students and encourage them to participate. Your cooperation will help us make this national academic endeavor both meaningful and memorable.

In case of any competition related query mail us at samhitasiddhanta7@gmail.com

Best Wishes,

Prof. (Dr.) Mahesh Vyas

Dean (Ph.D.) and Head of the Department
All India Institute of Ayurveda
New Delhi

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Dr. Mahesh Vyas

Department