



**SRI DHARMASTHALA MANJUNATHESHWARA
COLLEGE OF AYURVEDA, HOSPITAL &
RESEARCH CENTRE, KUTHPADU, UDUPI**

INTERNAL QUALITY ASSURANCE CELL

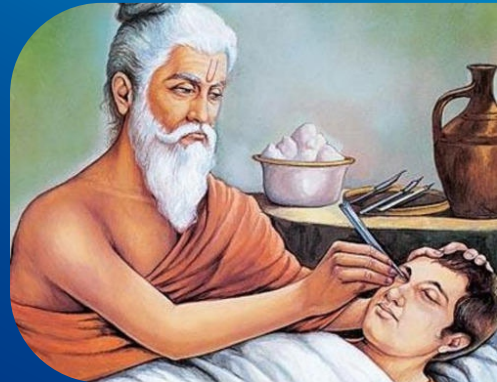
DEPARTMENT OF SHALAKYA TANTRA



**MATHRUSHREE RATHNAMMA HEGGADE
MEMORIAL
ONE DAY NATIONAL SEMINAR**

UNMEELANAM 2026
उन्मीलनम्

**EXPLORING SYSTEMIC INSIGHTS
IN
SHALAKYA - EYE & ENT PRACTICE**



**DATE & DAY: 14TH FEBRUARY 2026, SATURDAY
VENUE: SDM COLLEGE OF AYURVEDA, UDUPI**

Sri Dharmasthala Manjunatheshwara (SDM) Educational Trust is a distinguished organization managing over 25 reputed educational institutions. These institutions provide value-based education from the foundational level up to postgraduate studies. Guided by the vision of Padma Vibhushana Dr. D. Veerendra Heggade, the Trust strives to make quality education accessible to all, blending modern teaching techniques with traditional values, skill development, and spiritual growth. SDM College of Ayurveda, Udupi, established in 1958 under the SDM Educational Trust, stands as a leading centre dedicated to enriching and promoting Ayurveda for more than six decades. The institution offers UG, PG, and PhD programs, supported by a well-established Ayurvedic hospital. It is recognized for excellence in teaching, patient care, and evidence-based research. The college is driven by the vision: “Evidence-based knowledge with compassion towards the suffering.”

The Department of Shalakya Tantra, specializes in Ayurvedic Ophthalmology, ENT, and Dentistry, integrating classical knowledge with modern diagnostic and treatment approaches. It is known for its active clinical services, advanced OPD facilities, research initiatives, and community outreach programs. With a commitment to academic excellence and patient-centered care, the department continually works towards advancing the field of Shalakya Tantra through education, clinical practice, seminars, and scientific discussions.

The Mathrushree Ratnamma Memorial National Seminar is a prestigious academic initiative aimed at celebrating the legacy of Late. Mathrushree Rathnamma Heggade. The event brings together eminent scholars, clinicians, PG students, and practitioners to exchange knowledge, explore research possibilities, and strengthen the national visibility of Shalakya Tantra.

THEME OF THE SEMINAR

1. Understanding pathogenesis, prevention, and management of retinal complications associated with systemic disorders through Ayurvedic principles.
2. Highlighting therapeutic applications of Urdhwanga Marmas for eye, ENT, and head-related conditions.
3. Exploring classical concepts, clinical practices, and modern possibilities in Netra, Nasa, Karna, and Kantha disorders.

RESOURCE PERSONS & TOPIC



VAIDYA M. PRASAD

Director, Sunetri Ayurvedashram and
Research Centre, Thrissur

“ Diabetic retinopathy: Ayurvedic
understanding and management ”



DR. UDAYA SHANKAR

Professor, Dept of Shalakya tantra,
Alvas Ayurveda Medical College, Moodubidri

“ Allergic manifestations in Shalakyatantra:
Principles and clinical practice. ”



DR. SAIFUDHEEN GURUKKAL. P,

HOD & Associate professor, Dept of Shalya tantra,
KMCT Ayurveda medical college, Kozhikode

“ Clinical application of Marma Chikitsa
in Urdhvajatrugata rogas. ”



TOPICS FOR PAPER E-POSTER PRESENTATION REELS

1. Preventive, promotive, diet and lifestyle management in Urdhvajatrugata rogas
2. Clinical success stories relevant to Shalakyatantra
3. Exploring research dimension, new innovative therapeutic or diagnostic tools in shalaky
4. Integrative research pathways in Shalakyatantra
5. Ekamoolika, folklore and rasoushadi prayoga in Shalakyatantra
6. Panchakarma and Rasayana in Shalakyatantra
7. Understanding allergy and autoimmunity in Shalakyatantra
8. Prevention and management of orodental diseases
9. Application of ayurveda fundamental principles in Shalakyatantra
10. Marma Siddhanta and its clinical relevance in Shalakyatantra
11. Ayurvedic Approaches to Eye, Ear, Nose and Throat Disorders in Children
12. Surgical and parasurgical procedures in Shalakyatantra
13. Importance of eye donation (Reels only)

Abstract to be sent to
shalakyaseminar26@sdmayurvedacollegeudupi.in

Last Date : 31-01-2026

INCLUDES

Seminar material, Kit and Certificate,
Breakfast, Lunch & High tea

No accommodation will be provided

INSTRUCTIONS FOR PAPER / E-POSTER / REEL ABSTRACTS

- ▶ Abstract should be 300–350 words.
- ▶ Must include: Title, Authors, Institution, Background, Objectives, Methodology, Results & Conclusion.
- ▶ Submit in MS Word (doc/docx) format, Times New Roman, 12 font, 1.5 spacing.
- ▶ Work must be original and unpublished.
- ▶ Abstract should be sent before 31-01-2026

GUIDELINES FOR PPT PRESENTATION (OFFLINE)

- ▶ Use maximum 10–12 slides.
- ▶ Time limit: 4 minutes + 1 minutes discussion.
- ▶ PPT format: 16:9, clean and professional layout.
- ▶ Use Times New Roman, readable font size.

GUIDELINES FOR POSTER PRESENTATION (OFFLINE)

- ▶ E-Poster must be original and related to the seminar theme.
- ▶ File format: PDF or JPEG, single page only.
- ▶ Slide size: 16:9 landscape (recommended 1920 × 1080 px).
- ▶ Include sections: Title, Authors, Institution, Introduction, Methodology, Results, Conclusion, References.
- ▶ Font must be readable, with clear layout, good visual balance & minimal clutter.
- ▶ Maximum file size: 10 MB.
- ▶ Time allotted for presentation: 3 minutes + 1 minute Q&A.

RULES FOR REELS COMPETITION

- ▶ Duration of the reel: maximum 2 minutes
- ▶ Content must be original, creative, and free from copyright issues (no unlicensed music/videos).
- ▶ Reel should be shot in vertical format (9:16).
- ▶ Use of offensive, disrespectful, or inappropriate content will lead to disqualification.
- ▶ Submit the reel in MP4 format within the given deadline and quality must be clear.
- ▶ Only one entry per participant/team is allowed.
- ▶ Include Name, College/Department, and Contact Number with submission.
- ▶ Registration is mandatory. Certificate and kit will be provided only to registered participants

“EXCITING CASH PRIZES FOR THE WINNERS OF REELS COMPETITION”

Account name : SDM Seminar
Account type : Savings Bank
Account number : 520101044666965
Bank name : Union Bank of India
Branch : Kuthpady Branch, Udupi
IFSC Code : UBIN0920762



REGISTRATION FEE

Category	Registration Fee (₹)	Spot Registration (₹)
UG Students	850/-	1,000/-
PG Students	1,100/-	1,500/-
Faculty / Practitioners / Ph.D. Scholars	1,200/-	1,500/-

Group of 10 registrations will be provided
with 1 complimentary registration (10+1)

LAST DATE FOR REGISTRATION & ABSTRACT SUBMISSION
31-01-2026

LAST DATE FOR PPT SUBMISSION
05-02-2026 (via the given email/portal)

FILL THE REGISTRATION FORM AND ATTACH ONLINE PAYMENT DETAILS
(In case of paper/poster/reels presentation, attach the abstract)

Registration form : <https://forms.gle/EGJRJW2QSB5XXEGZ7>

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Email : shalakyaseminar26@sdmayurvedacollegeudupi.in

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