



AYUR GERICON 2025

International Conference on
Geriatric Health Care in Ayurveda
On the occasion of 5th Foundation Day of ITRA and
Silver Jubilee Celebrations of
International Centre for Ayurvedic Studies

:: Organised by ::

Institute of Teaching and Research in Ayurveda (ITRA), Jamnagar, Gujarat
Institute of National Importance
Ministry of Ayush, Govt. of India

DATES

14th October 2025

15th & 16th October 2025

EVENTS

- Capacity-Building - Pre-conference Workshop
- Global Panel of Distinguished Keynote Speakers
- Scientific Sessions, Panel Discussions
- Paper Presentations, Poster Presentations

HIGHLIGHTS OF THE PRE-CONFERENCE WORKSHOP :

1. **Curriculum Planning and Course Framework :**
 - o Curriculum Design for Short-Term Ayurvedic Geriatric Courses
2. **Skill Based Learning Workshop :**
 - o The 5 M's of Geriatrics: Ayurvedic Adaptation for Comprehensive Elder Care
 - o Customized Rasayana Therapies: Formulation & Administration Techniques
 - o Yoga & Pranayama for Cognitive and Physical Wellness in Old Age
 - o Panchakarma Modifications and Safety Guidelines for Elderly Patients
 - o Managing Neurodegenerative Disorders with Ayurvedic Interventions
 - o Documentation and Digital Tools for Clinical Geriatric Ayurveda Practice

HIGHLIGHTS OF AYUR GERICON 2025 :

- o Dr. P. M. Mehta Oration
- o Key-note Speeches
- o Oral Presentations
- o Poster Presentations
- o Panel Discussion
- o Session-wise Best Paper Presentation Award
- o Session-wise Best Poster presentation Award

LAUNCHES

- o Launch of 5 Year Geriatric Plan of ITRA for the establishment of the Regional Geriatric Care center
- o Launching of Digital application for Clinical Geriatric Ayurveda practice

CHAIRPERSON

PROF. (DR) TANUJA NESARI
(Director, ITRA)

CO-CHAIRPERSONS

PROF. (DR) DARSHNA PANDYA
(Head, Roganidan Vikriti Vigyan Dept.)

PROF. (DR) MANDIP GOYAL
(Head, Kayachikitsa Dept.)

CONTACT PERSONS

DR. CHARMI S. MEHTA
(Organizing Secretary)
Mo.: +91 94288 62264, +91 63554 32828

For any queries related to paper or poster submission/presentation contact

DR. RESHMA RAJEEVAN
(Mo: +91 82898 43076)
Convener - Scientific committee

For queries related to transportation or accommodation contact

DR. YOGESH MEGHANI
(Mo: +91 99249 82435)
Convener - Transportation and Accommodation committee

"Link for registration and payment of fees (for Indian delegates only)"

<https://itra.edu.in/itrafr>

BANK DETAILS (for International Delegates only) :

- Bank Name : **BANK OF INDIA, HOSPITAL ROAD BRANCH, JAMNAGAR** •
- Bank Account Number : **325110110017067** •
- IFSC CODE : **BKID0003251** •
- MICR Number : **361013003** •

(After payment international delegates should sent their
transaction details in the given email ID given below)

:: Email address of the conference ::

(for any kind of communication / for registration and submission of transaction details
for international delegates / abstract submission)

ayugericon.itra25@gmail.com