

Amalaki Mahotsava

Third Edition

3-Day Residential Ayurveda & Hands on
Training Panchakarma Workshop

Date:

11 to 13 May 2024



Kansapur Village, Pratapgarh, Uttar Pradesh.

Organized by

YOG RASAYAN

OUR SPEAKERS



Vaidya Hitendra Mankele
Ayurveda Vachaspati Kaychikitsa
Ex Principal (I/C)
Dr KGD Ayurvedic Medical
College and Hospital, Jhansi



Vaidya Shashi Bhushan Tiwari
Ayurvedacharya
Shrivishwakant Ayurveda and
Panchakarma clinic
Prayagraj



About the Programme

Considering the importance of rapidly growing Ayurveda across the globe, the Tatva Group is organizing a 3-day residential and hands on training programme on Ayurveda- Amalaki Rasayana making, Identification of herbs and Panchakarma. The main objective of the programme is to enhance the knowledge & hand skills of existing students to promote practical aspect of Ayurveda.

Eligibility

**BAMS students/ Interns, PG Ayu Scholars,
PhD Ayu Scholars, Ayurvedic Practitioners**

How to apply:

Interested candidates can fill and submit the given Google form online on or before 30th April 2024, 10 pm

<https://shorturl.at/owMT2>

Note:

- No TA will be provided to the trainee.
- This is 3-days residential programme and you may report on 10 May evening (between 5PM to 8PM) for accommodation.
- Accommodation will be on shared basis.
- Food will be home made, nutritious and sumptuous.
- All participants are suggested to bring their own toiletries and other daily need items.
- Seats are limited. Selected candidates will be notified via e-mail/ WhatsApp before 1st May 2024, 10 am
- For any query WhatsApp 9219063067/ 9598867265 OR email at mokshayu@gmail.com
- There might be last minute changes in the programme schedule, depending upon the availability of time, resources & other conditions.
- The workshop shall be over by 13 May 2024, 6:00 P.M.

Itinerary

Dinner & Briefing (Information / instructions related to Programme)			
	11/05/24	12/05/24	13/05/24
7:30 A.M.	Dincharya	Nadi Pareekshan	Dravya darshan
8:30 A.M.	Breakfast		
9:00 A.M.	Abhyang	Basti - Practical	Siravedh
1:00 P.M.	Lunch		
3:00 P.M.	Naadi Swedan	Jalaukavchran	Pottali Swedan
5:30 P.M.	Tea Break		
6:00 P.M.	Basti Theory	Amalaki Rasayana	Certification
7:30 P.M.	Dinner & Discussions		

<u>Registration Fee</u>		<u>Click here for Registration</u>
Till 30/04/2024	₹2500	
01/05/24 onwards	₹3000	
Spot Registration	₹3500	

Registration fee Includes Workshop fee, Moderate accommodation, Daily Meals (Only Veg.) & Certification.

Glimpses of Amalaki Mahotsava: First & Second Edition (2023)



Yoga



Dantdhawan



Nasya



Dhoompan



Siravedh



Dincharya



Netratarpan



Jalaukavcharan



Amalaki Van



Swedan



Cupping Therapy



Herbs



Naadi Pareekshan



Patient Examination



Chyawanprash Preparation



Certificate Distribution

