

SAMPURANAM

"RIGHT TO FOODS FOR A BETTER LIFE AND A BETTER FUTURE"

PRE-CONFERENCE WEBINAR

PU AYUR FEST

AYURVIMARSHA-"AYURVED FOR PUBLIC HEALTH"

**ORGANISED BY
DEPARTMENT OF SWASTHAVRITTA & YOGA,
PARUL INSTITUTE OF AYURVED
IN COLLABORATION WITH
ANCIENT AYURVEDA**



KEY HIGHLIGHTS:

**AYUR FOOD FEST-5, A DIETARY COMPETITION (15TH OCTOBER
2024)**

**WEBINAR- GUEST LECTURE (16TH OCTOBER 2024 MORNING)
SCIENTIFIC SESSION (16TH OCTOBER 2024 AFTERNOON)**



**DR. SUMEETA JAIN JOGAD,
GUEST SPEAKER
09.00 AM ONWARDS**



15-16 OCTOBER 2024

PROGRAM COORDINATOR

DR. APARNA BAGUL
9016764181

CO-COORDINATORS

DR. ARUN R
9496328622

DR. HARI SANKAR
9964610602

PROGRAM SCHEDULE

15-10-2024

AYUR FOOD FEST-5, ON THE OCCASSION OF WORLD FOOD DAY 2024

A DIETARY COMPETITION RULES AND REGULATIONS

- PRE REGISTRATION MANDATORY
- RAW MATERIALS SHOULD BE FRESH AND THE WHOLE PREPARATION MUST BE DONE IN THE VENUE.
- NATURAL POWDERS AND OILS (INGREDIENTS) ARE ALLOWED.
- THE RECIPE SHOULD FOLLOW THE PRINCIPLES OF AYURVEDIC DIETETICS
- PARTICIPANTS SHOULD BRING THE RAW MATERIALS AND REQUIRED VESSELS.
- COOKING FACILITIES AND WATER WILL BE PROVIDED BY THE COLLEGE.
- TIME FOR PREPARATION: 40 MINUTES
- JUDGES DECISION WILL BE FINAL
- WINNERS WILL BE AWARDED WITH ATTRACTIVE PRIZES

REGISTRATION FOR DIETARY COMPETITION



REGISTRATION FOR WEBINAR



MODE OF PAYMENT

REGISTRATION FEE : RS. 99/-

GOOGLE PAY OR UPI

9496328622 /

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16-10-2024

WEBINAR AND SCIENTEFIC SESSION

GUEST LECTURE: DR. SUMEETA JAIN JOGAD
PROFESSOR AND HEAD, DEPARTMENT OF
SWASTHAVRITTA, GOVERNMENT AYURVEDIC
COLLEGE, NAGPUR

SCIENTEFIC SESSION TOPICS

- AYURVEDIC NUTRITIONAL INTERVENTIONS FOR PUBLIC HEALTH: A CASE STUDY ON TRADITIONAL DIETS
- AYURVEDIC STRATEGIES FOR MANAGING NON-COMMUNICABLE DISEASES (NCDS) IN PUBLIC HEALTH
- AYURVEDA AND MENTAL HEALTH: NATURAL THERAPIES FOR MIND-BODY BALANCE
- THE ROLE OF AYURVEDA IN ENHANCING IMMUNITY: TRADITIONAL WISDOM FOR MODERN TIMES

SCIENTEFIC SESSION RULES AND REGULATIONS

- REGISTRATION FEES RUPEES 99/-
- LAST DATE OF PAPER SUBMISSION 12/10/2024 BEFORE 5.00PM.
- SOFT COPY OF PAPER SHOULD BE SUBMITTED THROUGH GOOGLE FORM ATTACHED TO REGISTRATION LINK & IN WORD FORMAT ONLY OR PIASWASTHAVRITTA@GMAIL.COM.
- NOTE: E-CERTIFICATE WILL BE ISSUED TO REGISTERED PARTICIPANTS ONLY.
- SELECTED PAPER WILL BE PUBLISHED IN ISSN SPECIAL EDITION JOURNAL.
- WINNER WILL BE ANNOUNCED ON THE DAY OF CONFERENCE.

REGISTRATION FOR PAPER PRESENTATION



“AYURVED FOR PUBLIC HEALTH”

16-17TH OCTOBER 2024

09.00 AM ONWARDS

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