



Estd 1983

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# Ayurveda College & Hospital Coimbatore

242, Trichy road, Sulur, Coimbatore - 641 402

Recognized by National Commission for Indian System of Medicine, New Delhi

Affiliated to the Tamilnadu Dr. M.G.R Medical University, Chennai

Under A.V.R.E.F.A in association with RVS Educational Trust, Sulur



आत्मवत् सततं पश्येत्।



in association with  
Vishwa Ayurveda Parishad

## AYURVEDA KOUSHALAM NATIONAL LEVEL WORKSHOP

Supported by  
Arya Vaidya Pharmacy (Coimbatore) Ltd.

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**Dr. P. Chandramouleeswaran**  
Principal  
Ayurveda College & Hospital Coimbatore

01<sup>st</sup> - 03<sup>rd</sup> Mar 2024 | Ayurveda College & Hospital Coimbatore and AVP Campus

# PROGRAMME SCHEDULE

DAY 1

01<sup>st</sup> Mar 2024 - Friday | Rama Varier Hall



**Dr. Ajayan Sadanandan**

President, Centre for Indian Medicinal Heritage, Kanjikode

**TOPIC** Dravyaguna Field Visit at Sulur Lake, Sulur Poonthottam, Rayar Koil and Ayurveda College Dronagiri Herbal Garden, & Interactive Sessions

**TIME** 10:00 a.m. - 04:00 p.m.



**Dr. D. Ragavendran**

Chief Medical Officer  
Saigram Ayurveda Hospital & Research Institute, Coimbatore

**TOPIC** Ayurveda Management of Stroke

**TIME** 04:00 p.m. - 06:00 p.m.

DAY 2

02<sup>nd</sup> Mar 2024 - Saturday | Rama Varier Hall



**Dr. N.V. Sreevaths**

Chief Physician and Director, Ayurvedic Health Care Centre (Swasthya Kshetram) Nallepilly, Kerala

**TOPIC** Marma Theory in Clinical Practice

**TIME** 10:00 a.m. - 01:00 p.m.



**Dr. P. Chandramouleeswaran**

Principal - Ayurveda College & Hospital Coimbatore

**TOPIC** Panchakarma & Anusastra Procedures in Clinical Practice along with Demonstration

**TIME** 02:00 p.m. - 05:00 p.m.

DAY 3

03<sup>rd</sup> Mar 2024 - Sunday | Rama Varier Hall



**Dr. Suresh Jakothia**

Chief Physician - Department of AYUSH  
Telangana

**TOPIC** Simple Preparations for Clinical Practice

**TIME** 07:00 a.m. - 08:30 a.m.

03<sup>rd</sup> Mar 2024 - Sunday | AVP Auditorium, Ramanathapuram



**Dr. A.N.N. Nambi**

Principal - Ashtangam Ayurveda College  
Palakkad, Kerala

**TOPIC** Clinical Aspects and the Importance of Kerala's Special Snehana and Swedana therapies along with Demonstration

**TIME** 10:00 a.m. - 12:30 p.m.



**Dr. Somit Kumar**

Director, AVP Research Foundation, Coimbatore

**TOPIC** Brief on AVP Hospital & AVP Research Foundation

**TIME** 01:30 p.m. - 02:30 p.m.

## PAPER PRESENTATION DETAILS

### Topics for Paper Presentation

- \* Role of Marma Chikitsa in sports injuries
- \* Conservation of medicinal plants and traditional knowledge
- \* Different types of Talam Prayogam in clinical practice
- \* Bahya Prayoga in clinical practice
- \* Significance of Anubhoota yogas in common ailments

We welcome submissions related to one of our sub-themes and we would appreciate it if you could specify the sub-theme and its corresponding topic in which you would like your abstract to be considered.

**Eligibility: UG, PG, Faculty & Practitioner**

**Abstract Rules:** Prepare your abstract in English. The abstract should be with a maximum of 300 words. Abstract should include the purpose of the study, methodology, a summary of findings / results, conclusion and significance / contributions of the study. Avoid vague statements, excessive jargon or lengthy introductions. List a maximum of 6 keywords. (Need not repeat the words in the title; use appropriate keywords from the abstract). The name of the student, college details, mail ID, and phone number should be clearly mentioned in the abstract. Abstracts should be submitted to [cmeavc@gmail.com](mailto:cmeavc@gmail.com) on or before 24<sup>th</sup> Feb 2024

**PowerPoint Presentation (PPT) Rules:** Each Oral presenter will be allotted 5 minutes, followed by 2 minutes for discussion. PPT should be a maximum of 15 slides, including title and acknowledgment. The presentations should be prepared in MS PowerPoint using the standard slide template. No slide transitions, animation, or movement of any description are allowed. The language of the presentation must be English, and shlokas in Sanskrit. PPT slide in the given template should be sent to [cmeavc@gmail.com](mailto:cmeavc@gmail.com) on or before 26<sup>th</sup> Feb 2024. The decision of the panel of judges will be final

**Full Paper Rules:** For full paper format, scan here



All selected full papers will be published as conference proceedings from Ayurveda College & Hospital Coimbatore



# LAST DATES

Abstract Submission: 24<sup>th</sup> Feb 2024

Full Paper Submission & PPT Submission: 26<sup>th</sup> Feb 2024



## REGISTRATION DETAILS

Last Date for Registration: 24<sup>th</sup> Feb 2024



SCAN TO REGISTER

**Payment link:**

UPI ID: pugaldr1981@okaxis

## REGISTRATION FEE

Rs. 500/- (Students & Internees)

Rs. 700/- (PG Students)

Rs. 1000/- (Doctors)

Participation certificates will be provided for all registered participants

## ACCOMMODATION & FOOD DETAILS

Food and accommodation (Separate dormitory setup for male & female Participants) will be provided inside the Ayurveda College & Hospital Coimbatore campus

### ORGANIZING COMMITTEE

*Dr. A. Rajendra Prasad*

*President - VAP, Tamil Nadu*

*Dr. P.R. Krishna Prasad*

*Secretary - VAP, Tamil Nadu*

### PROGRAM CO-CONVENOR

*Dr. C.R. Pugalendi*

*Assistant Professor, Dept. of Kaya Chikitsa*

*Ayurveda College & Hospital Coimbatore*

*Treasurer - VAP, Tamil Nadu*

### PROGRAM CONVENOR

*Dr. P. Chandramoleeswaran*

*Principal*

*Ayurveda College & Hospital Coimbatore &*

*Vice President - VAP, Tamil Nadu*

### PROGRAM COORDINATOR

*Dr. Devi S Nair*

*Head & Associate Professor*

*Dept. of Roga Nidana*

*Ayurveda College & Hospital Coimbatore*

## FOR BULK REGISTRATION & FURTHER DETAILS CONTACT:

Dr. Mathulekshmi N K, Assistant Professor, Dept. of Salya Tantra  
Registration Committee Incharge - **80754 53728**

Dr. Anjali K, Assistant Professor, Dept. of Dravya Guna  
For Bulk Registration - **85477 47566**

Dr. Pugalendi C R, Assistant Professor Dept. of Kaya Chikitsa  
Accommodation Committee Incharge - **98422 14403**

Dr. Vandana K Vasudevan Assistant Professor, Dept. of Prasuti Tantra & Stree Roga  
Presentation Committee Incharge - **97468 39985**

Dr. Devi S Nair, Associate Professor, Dept. of Roga Nidana  
**91594 29754**