



NATIONAL INSTITUTE OF MENTAL HEALTH AND NEURO SCIENCES
Institute of National Importance, Bengaluru – 560029

NIMH/PROJ/YANTRA/KKR/NOTIF./Various posts/2024-25

Date: 26.09.2024

NOTIFICATION

Applications are invited from the eligible candidates for filling up the posts of “**Project Associate-1 (Yoga)- (1 post)**” and “**Panchakarma Technician (2 posts)**” on a contract basis for the Project entitled “**Yoga and Ayurveda in Neuroscience Translational Research Accelerator (YANTRA), Program**” under the AYUSH Centre of Excellence in AYUSH Research Scheme funded by Ministry of AYUSH, Government of India – under **Dr. Kishore Kumar R, Professor of Ayurveda, Department of Integrative Medicine, NIMHANS, Bengaluru.**

Name of the Post	Project Associate- I (Yoga)
No. of Posts	One
Essential Qualifications	BNYS/MBBS or BAMS with PG Diploma in Yoga or MSc in Yoga/MSc Yoga or equivalent degree from a recognized university with good academic record.
Desirable Qualification	Minimum 1 year of research experience in the area of Yoga, Mental health and Neuroscience supported by relevant publications.
Nature of work	Selected candidate will be responsible for fulfilling all requirements of the research project like Conduct of Yoga therapies/sample recruitment, clinical/cognitive assessments and coordination with the concerned departments, analysis, periodic report writing and submission, and also should participate in all Institutional and Departmental activities.
Maximum age limit	40 years
Emoluments	Rs. 25000/- + HRA
Duration of the Post	3 years - Initial appointment will be made for a period of six months which will be extendable based on the performance of the candidate

Name of the Post	Panchakarma Technician
Number of posts	Two (Male -1, Female - 1)
Essential Qualification	a) Diploma or Certificate course in Panchakarma of minimum 1 year duration from a recognized university. b) 1 years of experience in recognized Ayurveda Hospitals/ Institutions (Experience certificate to be attached)
Maximum Age Limit	35 years
Emoluments	Rs. 18,000/- Consolidated
Nature of work	Selected Candidate will be responsible for fulfilling the requirements of the Research project like; preparation of subject, necessary equipment and medicine to perform the panchakarma therapy, perform the prescribed panchakarma procedures to the subjects as directed by the physician etc. Also, should participate in all Institutional and Departmental activities.
Duration of the project	3 years - Initial appointment will be made for a period of six months which will be extendable based on the performance of the candidate

Conditions:

1. The engagement will be purely on contract basis and co-terminus with the project. Claim for continuance or regular appointment will NOT be entertained.
2. **Eligible candidates fulfilling the criteria, must apply by mandatorily sending following documents as a single pdf in the same order:**
 - a. **Application letter (It should mention the Notification No., Name of the applied Post & Date)**
 - b. **Checklist (Strictly in the attached Format-Annexure I)**
 - c. **Resume (Strictly in the attached Format-Annexure II): mandatory to include e-mail ID, Contact Number, Postal Address & Two Referees)**
 - d. **Copy of certificate of the Age Proof and caste certificates as applicable**
 - e. **Copies of certificates of Essential Academic Qualification(s), Number of Attempts & Percentage / Grade of Marks**
 - f. **Copies of certificates of Experience(s)**
(Work experience wherever applicable for “Essential qualification for eligibility” should be supported by a Letter of Recommendation from the supervisor of the department/section/project in which the candidate has work experience)
3. Shortlisted candidates will be called for Interview for the said post through ONLINE/OFFLINE. The eligibility of candidates in respect of age will be determined as on date of notification.
4. No TA/DA will be paid for attending the written cum skill test.
 - All the above documents should be mandatorily sent as a single pdf document by email to **imd.nimhans@gmail.com**. Applications not following the above format and not having the above-mentioned documents will not be considered.
 - The last date for receipt of applications along with the relevant documents is 14 days from the date of notification.

Sd/-
REGISTRAR