



National Seminar on  
**Ayurvedic Management of**



Yakrut is a site of Rakta Dhatu, where blood is stored, therefore Raktadhara or Raktashaya words are perceived as synonym of liver in Ayurved Samhitas. In the classics, various references regarding the color of Yakrut can be seen during the elucidation of signs and symptoms of diseases.

The liver is a vital organ for metabolism. Acharyas have opined about the genesis of Yakrut (liver) from Rakta Dhatu (blood tissue). In relation to the development of body parts, Yakrut is developed or generated from Matrjabhava, as stated by Acharya Sushruta and Charaka in Sharira Sthana.

शोणितवह्नां स्रोतसां यकृन्मूलं प्लीहा च।  
(Charak Samhita Vimanshana Adhyaya 5/8)

Charaka Samhita has quoted in the Vimanshana Chapter 5 that Yakrut (liver) and Pliha (spleen) are the mulasthanas of Shonitvahsrotas. (Blood circulatory system). Sushruta Samhita quotes that Yakrut, Pliha and Raktavahi Dhamanis (Arteries) are the roots of Raktavahasrotas.

Liver performs hundreds of tasks related to metabolism, energy storage, and waste filtering. It helps a person to digest food to convert it in energy and store the energy until you need it. It also helps to filter toxic substances out of your bloodstream.

Liver disease is a general term that refers to any condition affecting one's liver. These conditions may develop for different reasons, but they can all damage the liver and affect its function.

Ayurvedic Principles give a better insight in the diagnosis and treatment of Liver disorders. There are many conditions of liver problems seen in regular clinical practice, which needs proper nidana and chikitsa. Ayurved offers good treatment modalities with proper medication and diet for these conditions.

This National Seminar will focus on the Concept and Management of Liver disorders through Ayurved. Eminent Ayurvedic Vaidyas will share their views and clinical experiences in the management of liver disorders. This will be a feast of knowledge for all Interns and Postgraduate scholars, Teachers and practicing Vaidyas.

**Prof. Dr. Dilip P. Puranik**  
President, R.S.M.  
Director, C.P.G.S & R.A.

**Prof. Dr. Sadanand V. Deshpande**  
IC Principal, T.A.M.V.  
President, A.I.M.S of India.

**Programme Directors**

**Prof. Vd. Vinaya Dixit**      **Prof. Vd. Mihir Hajarnavis**      **Prof. Vd. Saroj Patil**

**National Seminar on  
Ayurvedic Management of Liver Disorders (Yakrut Vikar)  
Seminar Programme**

Sunday, 22/1/2023 Venue : N.I.M.A. Auditorium, T.A.M.V. Pune.

Registration & Breakfast : 8.00 am to 9.00 am  
Session I : Charaka Session : Key Note Lecture 9.00 am to 10.00 am

- Ayurvedic Management of Kamala (Infective Hepatitis)  
- Hon. Vd. Vinay Velankar, Dombivli, Thane.

Inaugural Session : 10.00 am to 11.00 am

Chief Guest : **Hon. Dr. Pravin Salunkhe**  
Gastroenterologist & General Physician, Pune.

Chairman : **Hon. Dr. Dilip Puranik**  
President, Rashtriya Shiksha Mandal, Pune.

**Session II : Vagbhata Session :**

- Concept and Management of Liver Disorders 11 am to 12.00 pm  
in Ayurved with Clinical Experience

- Hon. Vd. Uday Khare, Pune.

- Ayurvedic Management of Liver Cirrhosis 12 pm to 1.00 pm

- Hon. Vd. Gopikrishna, Bellary, Karnataka.

Lunch Break : 1.00 pm to 2.00 pm

**Session III : Sushruta Session :**

- Ayurvedic Management of Terminal Stage of 2.00 pm to 3.00 pm  
Liver Cancer - Hon. Vd. Gaurang Joshi, Rajkot, Gujarat.

- Anukta Vyadhi - Approach of Hepatocellular Carcinoma 3.00 pm to 4.00 pm

- Hon. Vd. Dhananjay Kulkarni, Pune.

Tea Break : 4.00 pm to 4.15 pm

**Session IV : Sharangdhara Session :**

- Diet in Liver Disorders :- Ayurvedic Approach 4.15 pm to 5.00 pm

- Hon. Vd. Swati Khartode, Ayurvedic Nutritionist, Pune.

Valedictory and Prize Distribution Session : 5.00 pm to 5.30 pm

**Registration fee Details -** (QR code for registration form)

Registration fees.....Rs. 800/-

Participation fees for poster competition

(extra with registration).....Rs. 100/-

Participation fees for essay competition

(extra with registration).....Rs. 100/-

For Payments - Cheque should be drawn in favor of C.P.G.S & R.A. - Ph.D. and Others and

posted to CPGS&RA, Tilak Ayurved Mahavidyalaya, 583/2, Rasta Peth, Pune 411 011.

NEFT or RTGS transfer details -

A/c Name : Centre For Post Graduate Studies and Research in Ayurveda - Ph.D and Others.

Bank Name : Canara Bank, Rasta Peth, Pune-11.

A/c No : 53312010099902 IFSC : CNRB0015331 MICR Code : 411015059

(Please Email the receipt of NEFT payment to - cpgraseminar2023@gmail.com)

For Sponsorships & Advertisements - contact : Programme Directors -

Prof. Vd. Vinaya Dixit      Prof. Vd. Mihir Hajarnavis      Prof. Vd. Saroj Patil

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Phone: 020-26336429, 020-26336755 Email: cpgraseminar2023@gmail.com







### National Seminar on Ayurvedic Management of Liver Disorders (Yakrut Vikar)

Sunday, 22/1/2023 Venue : N.I.M.A. Auditorium,  
Tilak Ayurved Mahavidyalaya, 583/2, Rasta Peth, Pune.

**Sponsorship for Events** - We Welcome Event sponsorships as -

- Tea with Breakfast - Rs. 15,000/-
- High tea - Rs. 10,000/-
- Stall - Rs. 10,000/-
- Samples / Leaflet insertion in kit - Rs. 1000/-
- Audio - Visual Presentation - Rs. 20,000/-
- Lunch - Rs. 40,000/-
- Tea Break (Short) - Rs. 5,000/-
- Banners and Flex - Rs. 2,000/-

**Note -**

The poster presentation and essay competition will be conducted virtually and prizes will be distributed in the valedictory function of the seminar.

**Rules for poster presentation -**

1) Prepare a Flex. Size 3x3feet. 2) Poster image PDF/JPEG to the email provided after registration.

**Rules for essay competition -**

1) Write the essay on any one aspect related to the theme of seminar in 1500 words with suitable diagrams / figures. 2) Font - English Times New Roman, Size - 12 point, one side print. 3) Send the PDF & Word file to the given email and submit print copy to C.P.G.S.&R.A. office.

Separate fees of Rs. 100 are payable for poster and essay competition each separately.

**Last date for submission of essays and poster - 12<sup>th</sup> January 2023.**

Attractive prizes will be distributed to winners. All the participants will get certificates. (Bring the flex of the poster on the day of the seminar)



#### About C.P.G.S. & R.A.

Since 1999, Tilak Ayurved Mahavidyalaya has developed separate centre for imparting training of exclusively postgraduate courses.

C.P.G.S. & R.A. as it is known amongst the world of Ayurveda, presently conducts post-graduate M.D./M.S. (Ayu) courses in 14 subjects as per NCISM norms & Ph.D. courses in fourteen subjects under MUHS. The centre has a separate library with autolib library software to add to maximum utility of Ayurvedic, modern books & theses. There are CDs, audiotapes available too.

A well equipped & specially designed Research Lab is a unique feature for P.G. training and for research purpose. Late Vd. Mama Gokhale Lounge, Board room, Discussion & teaching Rooms are aided with audiovisual modern facilities & internet.

#### About A.I.M.S. of India

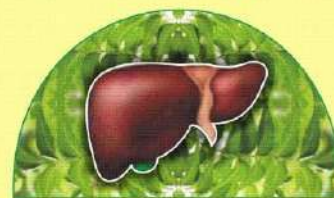


Association of Integrated Medical Specialists of India is a specialists' wing of N.I.M.A. It was established in 1979 at Pune. This all India organisation aims at protecting rights of members to practice that speciality by integrated approach.

A.I.M.S. has organised varied seminars/ programmes on medicolegal problems, recent advances in medicine, Cardio pulmonary resuscitation, panchakarma, pain management, plant to product, diagnostics for better clinical evaluation. Besides these activities Sushrut, Charak & Kashyap orations had been organised at different N.I.M.A. Conferences.



### National Seminar on Ayurvedic Management of



# Liver Disorders

## (Yakrut Vikar)

Sunday, 22<sup>nd</sup> January 2023  
9am to 6pm

At N.I.M.A. Auditorium,  
Tilak Ayurved Mahavidyalaya, Pune.

Organized by

Rashtriya Shikshan Mandal's  
Centre For Post Graduate Studies  
and Research in Ayurved  
of Tilak Ayurved Mahavidyalaya, Pune.

and  
Association of  
Integrated Medical Specialists of India