

## Patrons

### Dr. Amiben Upadhyay

Hon. Vice Chancellor  
Dr. Babasaheb Ambedkar Open University, Gandhinagar, Gujarat

### Dr. Mukul Patel

Hon., Vice Chancellor  
Gujarat Ayurved University, Jamnagar, Gujarat

### Dr. Rajni Gokhle

National President, Ayurved Vyaspeeth, Nashik

### Dr. Hitesh Jani

Chairman, Garbhonishad Foundation, Jamnagar  
Ex. Principal Shri G. A. College, GAU, Jamnagar

## Advisory Committee

- Vd. Vinay Welankar**  
Founder President, Ayurved Vyaspeeth, Mumbai
- Vd. Laxmipriya Dei**  
Professor & HOD, PTSR Dept., ITRA, Jamnagar
- Vd. Parimala Sharma**  
Ex. Prof. & HOD, PTSR Dept., Shri G. A. College, GAU, Jamnagar
- Vd. Arvind Trivedi**  
Ex. HOD, KB Dept., Shri G. A. College, GAU, Jamnagar
- Vd. Mahesh Vyas**  
Professor & HOD, Basic Principle Dept., AIIA Delhi
- Vd. Rajagopala S.**  
HOD, KB Dept., AIIA, Delhi

## Organizing committee

**Chairperson :** **Dr. Darshna Pandya**  
Asst. Prof., RNVV Dept., ITRA, Jamnagar

**Co-Chairperson:** **Dr. Malhari Sardeshpande**  
Principal & Director  
Krishna Ayu. Medical College, Vadodara

**Members:** **Dr. Pragna Mehta**  
President, Ayurved Vyaspeeth, Gurjar Prant  
**Dr. Alpesh Jarsania**  
Prof. & HOD RSBK Dept.  
Govt. Ayu. College, Junagadh

**Dr. Falgun Patel**  
Dy. Director (Training & Research)  
Ayush, Gandhinagar, Gujarat

**Dr. V. K. Kori**  
Asst. Prof., KB Dept., ITRA, Jamnagar

**Organizing Secretary:** **Dr. Karishma Narwani**  
Garbhsamskar & Infertility expert,  
Director & CEO, Garbhonishad Foundation, Jamnagar

**Convener:** **Dr. Shobhna Dabhi**  
Coordinator, Garbhonishad Foundation, Jamnagar

## Scientific Committee

**Chairperson:** **Dr. Shilpa Donga**  
Professor, PTSR Dept., ITRA, Jamnagar

**Co-Chairperson:** **Dr. Shreyash Bhalodiya**  
Principal, Global Institute of Ayurveda, Rajkot

**Members:** **Dr. Deepak Pande**  
Renowned Neonatologist, Jamnagar

**Dr. Sheetal Joshi**  
HOD, PTSR Dept.  
Global Institute of Ayurveda, Rajkot

**Dr. Sagar Bhide**  
Asst. Prof., KB Dept., ITRA, Jamnagar

**Dr. Kruti Suthar**  
Consultant Gynecology, Khushi Hospital, Gandhinagar

**Convener:** **Dr. Sipika Swati**  
Asst. Professor, PTSR Dept, ITRA, Jamnagar

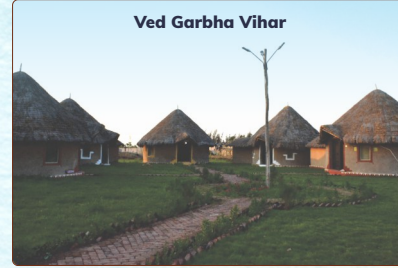
Supraja  
2023

Supraja  
2023

## Tourism/Centers of Attraction

### Ved Garbha Vihar

it is one of the best place offering healthy and positive ambiance where one can feel cured and blessed mentally and physically staying within nature and Ayurvedic environment, situated 12kms away from Jamnagar city on Jamnagar-Dwarka highway.



Upcoming WHO Global Center for Traditional Medicine at Jamnagar



### Dwarka

That place is one of the foremost chardham (four sacred Hindu pilgrimage sites), and is one of the sapta puri seven most ancient religious cities in the country. Dwarka is often identified with the Dwarka kingdom, the ancient kingdom of Krishna and is believed to have been the first capital of Gujarat. **Distance From Jamnagar to Dwarka: 131.1 km**

### Somnath

Somnath means "Lord of the soma", an epithet of shiva. The Somnath Temple located in the Prabhas Kshetra near Veraval in Saurashtra on the western coast of Gujarat, India, is the first among Jyotirlingas shrines of the god shiva. **Distance From Jamnagar to Somnath : 229.6 km**

Climate During first week of January highest and lowest temperature of this area will be approximately around 26°C and 19°C respectively.



गर्भोपनिषद् फाउंडेशन

एतद् देशस्य प्रसृतस्य सकाशादयः जन्मनः । स्वम् स्वम् चरित्रम् शिक्षेन् पुंथिष्यां सर्वमानवाः ॥  
Womb is the first University !

# Supraja-2023

## 2<sup>nd</sup> National Seminar on

## Garbhvigyan - Infertility - Child Care Organized by

## Garbhonishad Foundation

## 1<sup>st</sup> January 2023

In Association with



आयुर्वेद व्यासपीठ  
सेवा | संशोधन | प्रचार | शिक्षण

Supporting Organisation



गुजरात आयुर्वेद युनिवर्सिटी

In Collaboration with



BAOU  
Education  
for All

Dr. Babasaheb Ambedkar  
**Open University**  
(Established by Government of Gujarat)

Venue

Conference Hall

Kunvarbai Jain Dharmashala

Nr. Pawanchakki, Jamnagar, Gujarat 361008

Google Map Link - <https://goo.gl/maps/fuZ8MPDhmpGxy1QW8>



**Garbhsamskar & Infertility- at a Glance**

Since time immemorial the Indian society has been known for its quality and excellence in each and every aspect of life, this includes health, education, family life, social structure, economic development etc.

In this era of globalization, Ayurveda has made definite impact on present day society. One threat is on health, a major issue today. The future progeny is on the wedge of genetic and hereditary diseases which are increasing alarmingly.

Furthermore, after birth of baby there are many challenges for its healthy and disease free growth. To prevent the baby from present era diseases and boosting immunity is another big task.

Can we correct the genetic or hereditary abnormalities with this? Can the born baby be prevented from various life threatening diseases just by boosting his immunity? Probably the answer is YES!

If properly educated couples will go for best quality of children, then as a result of this a day may come wherein whole society will be healthy.

To achieve this objective of healthy progeny / Signature Child in present era and to spread awareness about Garbhvigyan, let's be part of this seminar.

**Garbhpnishad Foundation**

Garbhpnishad Foundation was set up in 2021 under the Company Act Section 8 as a Non-Profit Trust to give a wider perspective of operation to the already existing Garbhvigyan Anusandan Kendra which had been operational for nearly 19 years.

To prove and establish ancient Ayurvedic Antenatal Care, our institution conducts various pilot studies, observational studies, literary research and clinical trials at Jamnagar as well as other places nationwide with the help of Medical Professionals, Vidhyabharti and other Educational Institutions such as Dr. Babasaheb Ambedkar Open University.

We at Garbhpnishad Foundation are also involved in other aspects such as training of doctors for "Uttam Santati" and conducting seminars to create awareness about wellbeing related primarily to issues of women and children.

Thrust areas of operation is in providing guidance to the the youth and adolescents with regard to Family Life and protect the interest of the young couple in producing "Uttam Santati" through ayurvedic care and promotion general health of the mother and child.

**Seminar Topics**

- Ancient Antenatal Care - A scientific approach
- Role of Panchkarma in preconceptional programme
- Garbhsamskar for signature child
- Suvarna prashan - An Ayurvedic immune booster
- Lifestyle & Reproductive Health
- Infertility & its Ayurvedic solution
- Covid-19 impact on fertility

**Paper / Poster Presentation**

- Research articles are invited for oral & poster presentation during the seminar
- Selected peer reviewed papers will be invited for oral presentation
- Structured abstract maximum of 250 words and in "Times New Roman" font size 12 must be submitted by email only, on/before **15th Dec 2022**
- Flex poster size **3' x 2'** to be prepared for poster presentation
- Best paper / poster will be awarded.

**Attraction for Interns and Students  
Flyer & Short Movie Competition**

- B.A.M.S. final-year students/interns can participate in the flyer and short movie competitions.
- Digital flyer - HD, portrait orientation, size (ratio) **16:9**
- Short movie maximum of 3 minutes having any of above mentioned topics can be prepared.
- Flyers / short movies has to be submitted on or before **15th Dec. 2022**
- One contestant can submit any number of flyer/short movie on one or more from above mentioned topics.

**Abstract/paper/poster/flyer/short movie are to be submitted on**

**E-mail : [supraja2023@gmail.com](mailto:supraja2023@gmail.com)**

With full name, Institute name, Clear good quality photo of Institute I-card, Current Position (Final year students / Interns / PG / Ph.D Scholars / Practitioners / Researchers / Teachers).

**NOTE :** - Submitted paper/poster/flyer/short movie will be used for academic purposes by Garbhpnishad foundation without any prior intimation

**Dates to Remember**

- Registration** : 20<sup>th</sup> Dec 2022
- Submission of abstracts/flyer/short movie** : 15<sup>th</sup> Dec 2022
- Abstract acceptance intimation** : 18<sup>th</sup> Dec 2022
- Full paper submission** : 25<sup>th</sup> Dec 2022
- Registration with late fees** : 25<sup>th</sup> Dec 2022

**Highlights**

- Seminar at the hub of Ayurveda in India
- Nationally renowned speakers
- Flyer & short film competition for final year students/ interns (BAMS)
- Healthy food based on best principles of Ayurveda
- Garbhvigyan exhibition & Expo

**Contact Persons**

**Registration** : Dr. Nidhi Bhanushali - +91 94274 22266  
**Accommodation** : Mrs. Shital Vora - +91 70168 45633

**Registration Fees**

( Accomodation excluded )

**Filling Registration Form is compulsory for Registration**  
**Registration Form** : <https://forms.gle/f3AHTQ9cvg3znSbd7>

- **Final year students/Interns:** Rs. 500
- **PG/Ph.D Scholars:** Rs. 750
- **Practitioners/Researchers/Teachers:** Rs. 1000
- **Late fees for all Catagary (Upto 25<sup>th</sup> Dec 2022):** Rs. 1200
- Final year students who participate in short film or flyer competition will only be allowed to get registered for the seminar
- **NO SPOT REGISTRATION ALLOWED**
- N.B. : Registration fees includes seminar entry, breakfast , lunch, tea/coffee, seminar materials & attractive kits.

**Mode of Payment****Bank Details**

**Account Name** : Garbhpnishad Foundation  
**Bank Name** : Rajkot Nagrik Sahakari Bank Ltd.  
**Account No.** : 057003800000515  
**IFSC Code** : RNSB0000001

OR  
SCAN QR CODE



(G pay, Paytm, Phonepe, UPI)