

ABOUT RESOURCE PERSON



Dr. K T Vinod Krishnan
Founder, Amiya Nursing Home and
Research Center, Palakkad, Kerala



Dr. Navin Chandra Joshi,
Associate Professor, Uttarakhand Ayurveda
University, Dehradun.



Dr. H Anasuya Chaitanya
Proprietress & Chief Physician of Saukhya
Ayurvedalaya, Gudalur, Tamil Nadu



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Dr. Shivaganga

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Dr. Abhinav Sharma
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Dr. Gurudevi Biradar
Dr. Saheer Fathima

PLACES TO VISIT



GAVIDSIDDHESHWARA MATT (2kms)



HAMPI & ANEGUNDI (44kms)



ANJANADRI TEMPLE (36kms)



HULIGEMMA TEMPLE (38 kms)



TUNGABHADRA DAM (22kms)



KISHKINDA RESORT (36 kms)



“MARMA SAADHANA 2023”

NATIONAL LEVEL WORKSHOP ON MARMA CHIKITSA



Date:

**ON 7th & 8th
JULY 2023**

Venue:

**Sri Shivashantaveer
Mangal Bhavan,
Hospet Road
KOPPAL (KARNATAKA)**

Organized by :

Department of PG & PhD
Studies In Shalya Tantra,
SJGAMC, KOPPAL.

President



Dr. B S Savadi
Principal & HOD Dept. of Shalya Tantra

Organizing Secretary



Dr. Geetanjali Hiremath.
Associate Professor

**Patrons :- Honorable Secretary and
Members of B.O.M., SGVVT, KOPPAL**

Department Members



Dr. Lohit Kalal
Assistant Professor



Dr. Jeetendra. A. J.
Assistant Professor



Dr. Anisha S. Ashraf
Assistant Professor



Dr. Sangappa S. K.
Assistant Professor

About College

SJGAMC Koppal was established in 1996 under Shree Gavisiddeshwara vidhyavardhaka trust, a well known Ayurveda college & hospital in Northern Karnataka working with vision of being recognized as a centre of excellence in academic & clinical excellence in the field of Ayurveda, Yoga and Research by providing ethical education, research atmosphere among students, PG & Ph.D. Scholars and faculty, with society oriented programs in the areas of health care with a common man as the focal point.

Dear Doctor,

We extend our cordial invitation to participate in National level workshop on Marma Chikitsa organized by Department of PG & PhD studies in Shalya Tantra, SJGAMC, on 7th & 8th of July, 2023. The proposed workshop aims to provide an interactive approach to enhanced understanding of Marma Vigyan and its practical applicability in therapeutic procedures. The workshop will provide common platform for exchange of ideas among the experts & scholars with active participation through live demonstrations, discussions, interactive sessions, and guest lectures. Department of Shalya Tantra welcomes you all to be a part of this Workshop.

HIGHLIGHTS

- Identification of Marma points
- Marma Tamil adangal practice Marma Tamil maruthattu
- Marma Massage
- Kalari martial massage
- Foot Massage bandages
- Importance of diet in Marma Chikitsa
- Clinical application of Marma Chikitsa over Head & upper extremity
- Practical applicability of marma chikitsa at OPD level - over back, abdomen & lower extremity.

Contact Details:

Dr.Sangappa : 8310588635 Dr.Jeetendra : 9538119920
Dr.Jagadeesh : 8792939207 Dr.Mallikarjun : 8861167548

Themes for Paper / Poster presentation

- Application / Importance of Marma Chikitsa in Brihatrayees / Rachana Shareera
- Application/ Importance of Marma Chikitsa in Clinical practice
- Application/Importance of Marma Chikitsa in Asthisandhigata vikara
- Application / Importance of Marma Chikitsa in ENT practice (Shalakya)
- Case studies/Research works related to Marma chikitsa
- Sports medicine

Instructions :

- Paper Presentation for PG, Phd & Practitioners. Abstract should be within 300 words and soft copies should be sent to e-mail Id in word format.
- Poster Presentation : For UG's & Interns. Soft copies should be sent to e-mail Id in A4 format.

✉ E-mail Id: marmasaadhana2023@gmail.com

REGISTRATION FEE:

For UG: 1000Rs

For Interns: 1500Rs

For PG, PhD scholars: 2000Rs

For Practitioners: 2500Rs

Last Date : For Registration 25th June

Entry restricted to 200 participants

For UG 5 Students per College

Last Date : For sending Abstract is 20th June

Accommodation: Dormitory accommodation will be provided.

Self Accommodation: Suggesting the nearest & most suitable accommodation facilities:-

B S Pawar Hotel -7947130805, Sri Matha Hotel - 7947112310

The Fortune Hotel -9042499997, Shilpa Grand Hotel-8762407999



Registration Link

<https://forms.gle/zCR4hk2ai9xbSj5g6>

BANK DETAILS:

Account Name:

Principal, Shree Jagadguru Gavisiddeshwara
Ayurveda medical college, Koppal

Account Number:

847520110000200

Bank of India, Koppal branch

IFSC :BKID0008475



PROGRAMME SCHEDULE

Day - 1

08:00 AM – 09:00 AM	Registration, Kit distribution & Breakfast
09:00 AM – 10:30 AM	Session I: Dr K. T Vinod Krishnan - * Identification of Marma points * Marma Tamil adangal practice
10:30 AM – 11:00 AM	Inaugural Session
11:00 AM – 01:00 PM	Session II: Dr K. T Vinod Krishnan - * Marma Tamil Maruthattu * Marma Massage
01:00 PM – 02:00 PM	Lunch Break
02:00 PM – 04:00 PM	Session III : Dr H. Anasuya Chaitanya - * Practical applicability of Marma Chikitsa at OPD level
04:00 PM – 04:15 PM	High Tea
04:15 PM – 05:30 PM	Paper & Poster Presentation
08:00 PM – 09:00 PM	Dinner

Day - 2

08:00 AM – 09:00 AM	Breakfast
09:00 AM – 01:00 PM	Session I: Dr Navin Chandra Joshi- * Introduction to Marma Chikitsa * Clinical application of Marma Chikitsa over Head & upper extremity
01:00 PM – 02:00 PM	Lunch Break
02:30 PM – 04:00 PM	Session II: Dr K.T. Vinod Krishnan- * Kalari martial massage * Foot Massage * Bandages * Importance of diet in Marma Chikitsa – Veg. & Non Veg. Soup
04:00 PM – 04:30 PM	Panel Discussion
04:30 PM – 05:00 PM	Valedictory Session
05:00 PM	High tea